

Wildfire Resources

Support for NWT Evacuees

General Information

General Health Information	My Health Alberta myhealth.alberta.ca/ Health Link 811, call toll-free. Available 24/7
Community Supports	Dial 211, https://ab.211.ca/
Poison & Drug Information Service	1-800-332-1414
Canadian Red Cross	1-888-350-6070
My Health Alberta Important Phone Numbers including 911	https://myhealtht.alberta.ca/pages/emergency-phone-numbers.aspx

Pharmacy

Addiction Helpline	1-866-332-2322 toll-free available 24/7
Alberta Pharmacies	To search for a pharmacy, visit Alberta College of Pharmacy's website: https://abpharmacy.ca/
Emergency Prescription Drug Coverage Support for NWT residents:	<p>Call Yellowknife Primary Care Centre at (867) 767-9294 and press 0. Identify as an evacuee and they will help coordinate your prescription refills.</p> <p>NWT healthcare providers can send your prescription directly to any pharmacy of your choice, in Alberta or elsewhere. Please have the pharmacy fax a prescription refill request to the Yellowknife Primary Care Centre at (867) 920-7711.</p> <p>You may call Yellowknife Primary Care to request a phone appointment to ask for a refill.</p> <p>Having a fax number for the pharmacy where you will collect your prescription may be useful.</p>

Help is available

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Addiction & Mental Health

Addiction Helpline	1-866-332-2322 toll-free available 24/7 or call Health Link at 811 and press option #2, then option #3
Mental Health Helpline	1-877-303-2642 toll-free available 24/7 Distress Centre at 780-421-HELP (4357) or call Health Link at 811 and press option #2, then option #3
Crisis Text Line	Text CONNECT to 741741 Text CONNECT to 686868 (youth – Kids Help Phone)
AHS Program & Service information	Addiction & Mental Health Programs & Services www.ahs.ca/amh
Helpful Online Resources	Help in Tough Times (www.ahs.ca/helpintoughtimes) Mental Wellness Moment, Dr. Nicholas Mitchell Alberta Health Services (www.albertahealthservices.ca/amh/page17012.aspx)

Indigenous Supports

AHS Indigenous Support	1-844-944-4744 12 p.m. to 8 p.m., Monday to Friday https://www.albertahealthservices.ca/info/Page18213.aspx
First Nations and Inuit Hope for Wellness	1-855-242-3310 Online chat: hopeforwellness.ca/

General Wildfire Supports

Wildfire information via Health Link text	Text 'wildfire' to 88111 Receive messages re: air quality, how to report wildfire, resources for planning ahead, mental health supports, & health effects of wildfire smoke.
Wildfire resources and updates	http://www.ahs.ca/wildfires

Help is available